



**FOOT AND ANKLE SYMPOSIUM 2025**

# **JOINT-PRESERVING SURGERY – EVIDENCE-BASED TREATMENT**

**22 AND 23 MAY, 2025**

**Hosts:** Norman Espinosa, MD FussInstitut Zurich  
Georg Klammer, MD FussInstitut Zurich

**Location:** Papiersaal & Folium, Sihlcity  
Kalanderplatz 6, Zurich

**DEAR COLLEAGUES,**

It is our great pleasure to invite you all to this year's Foot and Ankle Symposium.

International and world-renowned experts in their fields provide a unique update on joint-preserving surgery of the foot and ankle. Do not miss the opportunity to join into the discussions, case studies and be part of the community.

**Date:** Thursday and Friday, 22 and 23 May 2025

**Location:** Papiersaal & Folium, Sihlcity, Kalanderplatz 6, Zurich

**Credits:** swiss orthopaedics 16 CME

**Attendance fee:** CHF 200

We cordially invite you to this event and look forward to having you here with us.

Best regards,

**PD Dr. med. Norman Espinosa**

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[www.klinik-impark.ch/footsymposium](http://www.klinik-impark.ch/footsymposium)



# FOOT AND ANKLE SYMPOSIUM

THURSDAY, 22 MAY 2025

08:00 – 08:25 Registration and Coffee

08:25 – 08:30 Welcome Norman Espinosa

## BASICS & OSTEOCHONDRAL LESIONS

08:30 – 09:00 History of joint preserving surgery – an overview Beat Hintermann

09:00 – 09:30 Anatomy & Biomechanics of the hindfoot Pablo Wagner

09:30 – 09:45 Properties and characteristics of the cartilage Norman Espinosa

09:45 – 10:00 Radiography of the hindfoot – what is needed Markus Preis

10:00 – 10:15 Focal osteochondral defects vs. asymmetric osteoarthritis  
What distinguishes those pathologies Markus Walther

10:15 – 11:00 **Coffee break**  
Commercial exhibition

## OSTEOCHONDRAL LESIONS

11:00 – 11:15 Conservative treatment strategies for talar lesions Fabian Krause

11:15 – 11:30 Surgical treatment of talar lesions Markus Walther

11:30 – 11:45 Allograft use to repair talar lesions Anish Kadakia

11:45 – 12:00 Is there any solution for tibial lesions Markus Walther

12:00 – 12:15 Is there any solution for subtalar lesions Markus Walther

12:15 – 13:45 **Lunch break**  
Commercial exhibition

## ASYMMETRIC VARUS ANKLE OSTEOARTHRITIS

13:45 – 14:00 How to plan the surgery properly Markus Knupp

14:00 – 14:15 Lateral closing wedge technique Stephan Wirth

14:15 – 14:30 Medial opening correction Roxa Ruiz

## ASYMMETRIC VALGUS ANKLE OSTEOARTHRITIS

14:30 – 14:45 Medial closing wedge correction Pablo Wagner

## SPECIFIC OSTEOTOMIES USED FOR BOTH TYPES OF OSTEOARTHRITIS

14:45-15:00	Spherical or Dome osteotomy	Pablo Wagner
15:00-15:20	Calcaneal osteotomy - is it sufficient or do I need TOPIC?	Emilio Wagner
15:20-15:40	Fibular osteotomy - when is it needed?	Andy Molloy
15:40-15:45	Discussion	
<b>15:45-16:30</b>	<b>Coffee break</b> Commercial exhibition	
16:30-16:45	Pes planovalgus - The limits of joint preserving surgery	Hansjörg Trnka
16:45-17:00	Pes cavovarus - The limits of joint preserving surgery	Fabian Krause
17:00-17:15	There is a life beyond supramalleolar and calcaneus Osteotomies in ankle joint preserving surgery	Manuel Monteagudo
17:15-17:45	Discussion	
<b>17:45</b>	<b>End of day one</b>	

## FRIDAY, 23 MAY 2025

07:30-08:00 Registration and Coffee

## SPECIFIC JOINT PRESERVATIONS

08:00-08:15	Malunion after ankle fractures	Emilio Wagner
08:15-08:30	Malunion after talar fracture	Stefan Rammelt
08:30-08:45	Malunion after calcaneal fractures	Stefan Rammelt
08:45-09:00	Joint sparing surgery for Lisfranc-osteoarthritis	Manuel Monteagudo
09:00-09:15	Lateral Lisfranc joint osteoarthritis	Hansjörg Trnka
09:15-09:30	Effect of medial column correction on hindfoot mechanics	Roxa Ruiz
09:30-09:45	Discussion	
<b>09:45-10:30</b>	<b>Coffee break</b> Commercial exhibition	
10:30-10:45	Talocalcaneal and atypical coalitions, can we avoid arthroereisis and fusion?	Manuel Monteagudo

### MINI BATTLE

10:45 – 11:00	Müller-Weiss-Syndrome – can fusion be avoided?	Manuel Monteagudo
11:00 – 11:15	Müller-Weiss-Syndrome – why should we fuse it?	Roxa Ruiz
11:15 – 11:30	Highly complex reconstructions of the hindfoot – a personal experience report	Beat Hintermann
11:30 – 11:45	What will be the future of joint preserving surgery	Norman Espinosa
11:45 – 12:00	The application of PSI in supramalleolar osteotomies	Stephan Wirth
12:00 – 12:15	Discussion	
<b>12:15 – 13:30</b>	<b>Lunch break</b> Commercial exhibition	

### MISCELLANEOUS TOPICS

13:30 – 13:55	Peritalar instability – thoughts on a complex topic	Beat Hintermann
13:55 – 14:00	Discussion	
14:00 – 14:25	Total ankle replacement – how to preserve the artificial thing	Victor Valderrabano
14:25 – 14:30	Discussion	

### FOREFOOT – A REGION THAT SHOULD NOT BE FORGOTTEN

#### MINI BATTLE

14:30 – 14:45	Local cartilage defects in the MTP-I-joint I – Cartilage repair	Anish Kadakia
14:45 – 15:00	Local cartilage defects in the MTP-I-joint II – Decompressive osteotomy	Andy Molloy
15:00 – 15:15	Local cartilage defects in the MTP-I-joint III – Cheilectomy +/- Moberg-osteotomy	Hansjörg Trnka
15:15 – 15:30	Is total joint arthroplasty a valuable treatment option?	Stefano Fieschi
15:30 – 15:45	Arthritic damage of the lesser MTP-joints Any solution available?	Markus Knupp
15:45 – 16:00	Discussion	
<b>16:15</b>	<b>End of day 2</b>	

# FACULTY

## **Norman Espinosa, MD**

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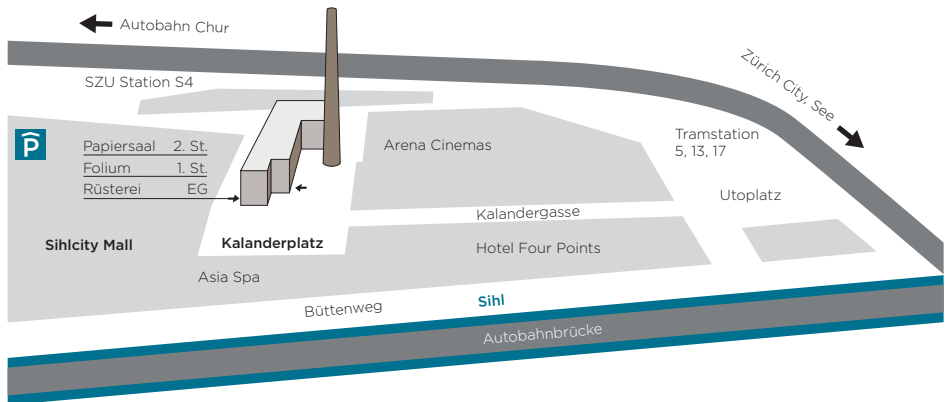


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# LOCATION

Papiersaal & Folium, Sihlcity  
Kalanderplatz 6, Zurich



Die Location ist im Rahmen von Sihlcity verkehrstechnisch sehr gut erschlossen. Unmittelbar in der Nähe ist ein Parkhaus mit über 800 Parkplätzen und es führen die Tramlinien 5, 13 und 17 direkt ins Sihlcity sowie die S-Bahn 4 (5 Minuten Fahrzeit vom HB) und die Buslinie 89.

The location has very good transport connections due to its proximity to the Sihlcity shopping centre. A car park with more than 800 spaces is located nearby and trams number 5, 13 and 17 go directly to Sihlcity, as does the S-Bahn (5 minutes from the main train station) and the 89 bus.

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