



**SFAS**

SWISS FOOT AND ANKLE SOCIETY  
SCHWEIZERISCHE GESELLSCHAFT FÜR CHIRURGIE UND MEDIZIN DES FUSSES  
SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED



**IBRA** International Bone  
Research Association

# Bioskills workshop 2025

Inselspital, University Hospital, Bern  
sitem-insel, Swiss Institute for Translational  
and Entrepreneurial Medicine, Bern

**Saturday, 29 March 2025, 8.30–15.00h**

Bioskills workshop Foot, anatomical approaches & surgeries

SFAS & IBRA Collaboration



# Welcome to the fourth SFAS Bioskills Workshop 2025 in Bern

Dear colleagues,

We are excited to announce the 4<sup>th</sup> SFAS Bioskills Workshop, scheduled for the 29<sup>th</sup> of March 2025, at the Sitem-insel building in Bern.

This year's event will focus on the ongoing debate and advancements in **Minimal Invasive versus Open Foot Surgery**. The session will provide an in-depth comparison of the two methods, exploring which is best suited for different patient scenarios and surgical challenges. Participants will have the opportunity to improve their skills in a hands-on wetlab, working with cadaveric specimens to practice both minimally invasive and open surgical techniques. We would like to express our gratitude to our sponsors, IBRA, Nouvag and Phillips, for their support, which significantly contributes to the success of this course.

We are looking forward to welcome you to the Inselspital in Bern.

**Dr. med. Petra Heil**  
Spitäler fmi AG, Spital Interlaken

**PD Dr. med. Helen Anwander**  
Inselspital University Hospital, Bern

**Prof. Dr. med. Fabian Krause**  
Sonnenhof, Bern

# SFAS Bioskills Workshop

## Saturday, 29 March 2025

Location: Wetlab, Hörsaal CATR Unit, Floor 2, sitem-insel, Freiburgstrasse 3, 3010 Bern

Time	Title
8:00	<i>Opening of registration and commercial exhibition</i>
8.30	Welcome to congress by organizers and SFAS past-president
8.40	Correction of deformities of the little toes <ul style="list-style-type: none"><li>• Open surgery</li><li>• Minimal invasive surgery</li></ul>
9.30	Correction of Metatarsalia <ul style="list-style-type: none"><li>• Weil</li><li>• DMMO</li></ul>
10:30	<i>Coffee break and commercial exhibition</i>
11:00	Metatarsus quintus varus <ul style="list-style-type: none"><li>• Open</li><li>• MIS</li></ul>
12:00	<i>Lunch break and commercial exhibition</i>
13:00	Calcaneus Osteotomies <ul style="list-style-type: none"><li>• Open</li><li>• MICO</li></ul>
15:00	<i>The end</i>

### Instructors:

Alex Pellegrino, Etzelklinik, Pfäffikon

Philipp Friedrichsen, Schulthess Klinik Zürich

Myrielle Hitz, Fusschirurgie Bern

Anna Leucht, Spital Winterthur

Petra Heil, Spitäler fmi AG, Spital Interlaken

Fabian Krause, Sonnenhofspital, Bern

Helen Anwander, Inselspital University Hospital, Bern



Invest in your knowledge & skill development!

# Your network for research and education

## What is IBRA?

IBRA - a unique international network in research and continuing medical education

- I** - International transdisciplinary cooperation
- B** - Bone and tissue management for the best benefit of patients
- R** - Research and continuing medical education
- A** - Association for scientific networking

## Why IBRA?

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as scientific developments.

## What IBRA offers YOU?

### ✓ IBRA Virtual Campus

### ✓ Courses:

- Focused on Procedural Solutions
- Include Pre-Fractured & Deformed Specimen
- Infused International Exchange
- Delivered on Knowledge & Skill Transfer
- Regional & National Scheduled Options

### ✓ CME Accreditation

### ✓ Research Grants

### ✓ Training Center Locations across the Globe

### ✓ Scholarships

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# Information

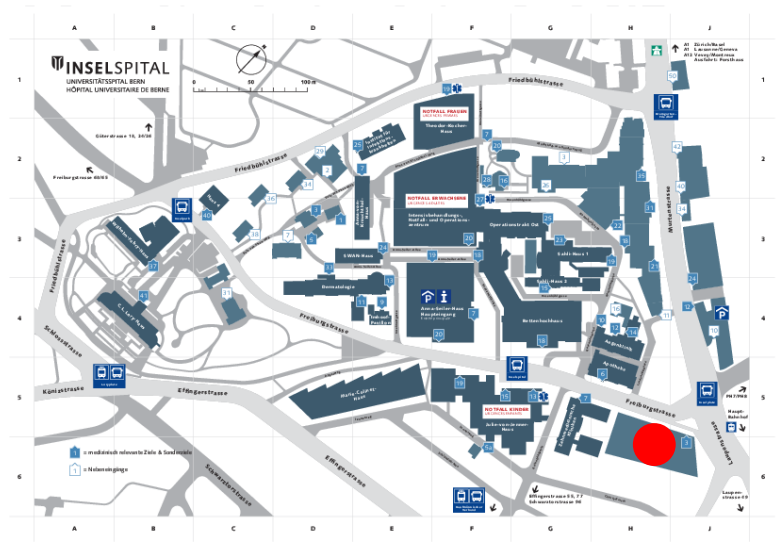
## Registration/Information

Online registration: [www.sfas.ch](http://www.sfas.ch)

Lea Götz, Sekretariat SFAS

Email: [office@sfas.ch](mailto:office@sfas.ch)

Phone +41 79 175 71 88



## Locations

**Wetlab, sitem-insel, Bern**

Hörsaal CATR Unit, Floor 2

Freiburgstrasse 3

3010 Bern

## Course Fee

SFAS/IBRA Wetlab 29.3.2025

140.- CHF (limited number of participants, first come-first served)

## CME Credits

Swiss Orthopaedics (SGOT):

5 credit points

As we will use C-arms during the exercises, we would like to ask participants to bring their own dosimeters from the hospitals and, if you prefer, you can bring your own lead protection.

## Organisation

Dr. med. Petra Heil, Spitäler fmi, Spital Interlaken

PD Dr. med. Helen Anwander, Inselspital, Bern

Prof. Dr. med. Fabian Krause, Sonnenhof, Bern